

CAMP CHRONICLE

Cabins4Kids Summer Camp

Friday, July 7 through Monday, July 10, 2017
Rock Springs 4-H Camp, Junction City, KS

Rock Springs – Here WE COME!

Depart – We will depart from TrailRidge Middle School in Lenexa. (7500 Quivira Rd Shawnee, KS 66216) ***Please arrive by 8:15 so we can load the bus and leave by 9:00. The bus will be parked in the back parking lot off 75th St near the Tennis Courts.***

Check in and report to a counselor. Board your bus and settle in for 4 great days with your friends and get ready to meet new ones!

Return - You will arrive back at Trailridge Middle School on Monday, July 10th around 4:30 p.m. Sign out through your counselor. **We will not release your camper to anyone without prior authorization!**

Cabins4Kids and Education



One of our main objectives is to educate children, with an emphasis on our country’s rich agricultural heritage. The opportunity for kids to attend Rock Springs Camp is an exciting chance for them to experience nature and animals in a whole new way. The Flint Hills provides a beautiful

backdrop for kids to learn through teamwork, leadership, and nature activities. With a field trip to Kansas State University, students can learn about and tour the University’s extensive agriculture units and get excited about continuing their education.

For all medical, mental or physical history that the counselor should be aware of, please contact AI prior to the bus pulling away from the American Royal. Thanks!

Check list:

· SACK LUNCH AND DRINK for bus ride to camp!

- Sleeping Bag
- Flat Sheet
- Pillow
- Towels
- Clothes for 3 days
 - Pajamas
 - Swimsuit
- Light Jacket/Rain Gear
 - Sweatshirt
 - Sunscreen
- Insect Repellent
- Flashlight
- Fanny pack or small backpack
 - Hat
- Second pair of shoes
- Personal toiletries (toothbrush, shampoo, etc...)
- Camera
- Money (snacks, craft items, souvenirs)
- Personal prescriptions with CLEAR instructions
- Plastic Ziploc bag for wet swimsuit
- Close-toed shoes for horseback riding

DO NOT BRING

- Weapons (real or pretend), expensive radios, CD players, skateboards/skate s, cell phones, pagers, beepers,

Camp list

PLEASE MARK/INITIAL EVERYTHING ! We always have
"lost & found" when camp is over. To the right is a
suggested list.
Remember, this is camp!

two-way radios, or
expensive clothing.

- Excessive amounts
of personal
grooming
items-THIS IS
CAMP !

CAMP DETAILS!

Living Groups- All campers live in permanent housing in groups of 8 campers and 2 counselors. Each group will participate in assigned activities and free time as a group. Everyone is expected to participate.

Name Tags- All campers will be given a nametag holder. It will have a zippered compartment to hold money. Camper will also be given a collapsible mini cup to carry for water breaks.

Spending Money- Campers from past years feel that \$15-\$20 seems to be a sufficient amount of money. There is a small charge for crafts and rifle. Campers can also buy souvenirs and snacks from the Snack Bar.

Please send small bills.

Conduct- All campers must sign a Code of Conduct. (Note: Campers are required to stay in their living groups at all times. The following activities are STRICTLY forbidden during camp: sneaking out at night; climbing steep slopes; being disrespectful to others.)

Lost and Found – Items will be at Williams Dining Hall while at camp. Items left on the bus will be kept at the American Royal. Please mark ALL camping items!

**Rock Springs Administration Center:
1-785-257-3221 or 1-785-257-3395
Al Davis
1-913-707-4692**

MEDICATIONS

Rock Springs Camp Standards states "Prescription medications for each camper must be given to the health care professional upon arrival at the camp." Exceptions may include inhalers, Epi kits, or other, according to doctor's orders. "Prescription medications must be administered by the qualified health care professional." Over-the-counter medications may be kept by the camper. The nurse will only administer over-the-counter medications with parental permission. Rock Springs has a health center where the nurse can safely keep prescription medicine.

ALL prescription drugs will be **CLEARLY LABELED** in the **ORIGINAL CONTAINER**.

A special form will be required for all medication.

COUNSELORS WILL NOT ADMINISTER MEDICATION.

COUNSELORS WILL NOT "TAKE CARE OF" ANY MEDICATION.

INSURANCE & MEDICAL TREATMENT

No camper will be allowed to attend camp unless the health form is fully completed and signed. At least one nurse will be hired, and this nurse resides at the camp for the entire time period. Should a camper need additional medical attention, the camper will be taken to Geary County

